

BV WEST

JAGUAR FOOTBALL

2009 FRESHMAN FOOTBALL IMPORTANT DATES

- **BV WEST FOOTBALL STRENGTH CLINICS**
Session 1 May 18-21 4:30-6:00pm
Session 2 May 26-29 4:30-6:00pm
(We strongly encourage all future football players to attend one session)
- **BV WEST FROSH FOOTBALL CAMP**
JUNE 7nd-10th 5:00-7:00PM
(See FOOTBALL CAMP brochure)
- **PARENT INFORMATIONAL MEETING**
JUNE 9th 6:15pm FIXED FORUM @ BVW
- **SUMMER WEIGHTROOM (Frosh Mon-Thurs)**
JUNE 15TH-AUGUST 7th 9:15-10:15 AM
(WE ENCOURAGE ALL FRESHMAN FOOTBALL PLAYERS TO GET INVOLVED IN SUMMER STRENGTH PROGAM AT BV WEST)
- **BVW FOOTBALL CONDITIONING WEEK**
AUGUST 10TH – 13TH 3:30-4:30 pm
(FOR PLAYERS TO GET ACCLIMATED TO HEAT NOT MANDITORY)
- **FROSH EQUIPMENT CHECK OUT**
AUG 13th 4:45pm
- **1ST DAY OF PRACTICE**
AUGUST 17TH 3:30-6:30pm (Helmets & Shorts)

*TO DOWNLOAD ALL PARTICIPATION FORMS FOR FOOTBALL GO TO:
bv229.k12.ks.us/bvw_athletics
Head Coach- Scott Wright 239-3804/ swright@bluevalleyk12.org
BV West Football Web Site : www.teamfirst.org*